



### **AGREEMENT, WAIVER, AND RELEASE OF LIABILITY**

1. Please consult your physician if you are in doubt about your ability to use the sauna.
2. No guests under the age of 18 are permitted in the sauna unless accompanied by a parent, legal guardian, or supervising and consenting adult.
3. Please discontinue the use of the sauna if you feel light-headed, dizzy, or heat-exhausted.
4. Sauna sessions should be limited to a maximum of 60 minutes at one time. Please take breaks throughout your sauna session.
5. It is advisable to drink water before and after the sauna session.
6. It is advisable to not eat at least one to two hours prior to your sauna session to avoid any ill feelings.
7. If you have an open wound, you will not be permitted to use the sauna.
8. Guests using any medications must consult a physician or pharmacist prior to the use of the sauna.
9. Pregnant women should consult a physician prior to the use of the sauna. Excessive body temperatures have the potential for causing fetal damage during the early stages of pregnancy.
10. Do not use any lotions, make-up, or other chemicals prior to the sauna session. These items may block pores and affect perspiration as well as stain the wood in the sauna or cause irritation to other guests.

**It is solely your responsibility to monitor your body and its reactions and determine if it is appropriate to use the sauna. You alone are responsible for your safety and well-being.**

### **TERMS AND CONDITIONS**

1. A bathing suit or athletic wear must be worn during your sauna session at all times.
2. We ask that you are respectful of others, Endion Station Inn LLC staff, staff of participating sauna companies, event staff/volunteers, and all property of Endion Station Inn LLC and all event vendors. If at any time we feel that other guests, staff, volunteers, equipment, or the space aren't being respected, the Endion Station Inn LLC team and/or staff and volunteers of the event on-site can ask you to leave. You will not be refunded for any purchases or donations.

### **PROHIBITED SUBSTANCES/USE/ACTIVITIES**

1. No jewelry (may burn skin), alcohol, red wine, smoking, drugs, food, metal, sharp objects, breakables (glassware or glass equivalents, ceramics)
2. No non-diluted essential oil application
3. No fire accelerants of any kind (propane, butane, gasoline, diesel, or any other flammables)
4. Do not cross the stove-guard barrier - metal surfaces are hot and may cause burns.

### **CHILDREN UNDER THE AGE OF 19 AND ADDITIONAL GUESTS**

- By signing this agreement, you assume all liability and risk for additional guests who have not filled out the aforementioned forms as well as their education on safe use and best practices.

**By typing or writing your full name into the liability waiver, you acknowledge and accept the risks inherent in the use of the sauna. I voluntarily assume the risk of injury, accident or death which may arise from the use of the sauna. I and any of my heirs, executors, representatives, or assigns hereby release me from all claims or liabilities for personal injury or property damages of any kind sustained while on the premises, during the use of the sauna, and from any advice provided by an employee, independent contractor, participating sauna companies, and any representative of Endion Station Inn LLC. I agree that this Application and Waiver are in effect for all sauna sessions with Endion Station Inn LLC and all participating sauna companies and will not expire unless requested by either party and understand it is my personal responsibility to consult with my doctor regarding my participation.**

**Full Name (Print): \_\_\_\_\_ Date: \_\_\_\_\_**

**Signature: \_\_\_\_\_**